



2019-20 NSCF-FXC COMP TEAM

With questions or to get on our email list, contact: fxc@nscfairbanks.org

Mailing Address:

NSCF-FXC
101 Wilderness Dr
Fairbanks, AK 99712

Application Form

Please fill out one form per applicant. Registration and waiver MUST be complete prior to the first practice.

Athlete Last Name _____ First Name _____ Date of Birth ____/____/____

Mailing Address _____ City _____ Zip _____

Physical/Other Address _____ City _____ Zip _____

Parent 1: Name _____ Email _____ Cell _____ Work # _____

Parent 2: Name _____ Email _____ Cell _____ Work # _____

Athlete: Email _____ Cell # _____ Home # _____

2019-20 School _____ 2019-20 Grade _____

Please Check the COMP TEAM Program You Wish to Join:

√	Comp Team Program Name	Season	Cost
	Comp Year Round (Early bird only! – Pay in Full by May 1)	May-Mid Apr	\$ 3000
	Comp Bridge Year Round (Early bird only! – Pay in Full by May 1)	May-Mid Apr	\$ 2300
	Comp Year Round (After May 1 or monthly payments)	May-Mid Apr	\$ 3300 (or 10 mo. pmnts of \$330)
	Comp Bridge Year Round (After May 1 or monthly payments)	May-Mid Apr	\$ 2600 (or 10 mo. pmnts of \$260)
	Comp Summer (usually 7 sessions/week)	May – Mid Aug	\$ 1400
	Comp Bridge Summer (4-5 sessions/week)	May – Mid Aug	\$ 900
	Summer Post-Grad (College Athlete)	May – Mid Aug	\$ 1100
	Fall Full-time	Aug-Oct	\$ 900
	Winter	Nov-Mid Apr	\$ 1400
		Subtotal	\$
	Second or third sibling discount*	- %	\$
		TOTAL	\$

*Each additional sibling receives 20% off the tuition cost for their program. Sibling order is determined by ranking programs by tuition cost from greatest to least. (e.g. First sibling full price, second sibling 20% off, third sibling 40% off)

** 5% of tuition is directed towards the FXC Scholarship Fund, if you wish to apply for a scholarship, first round of applications closes May 8th.

Refund Policy: If an athlete chooses to end their membership in the program prior to its ending date (i.e. not due to a violation of the code of conduct), he/she will be refunded a daily, pro-rated amount minus a \$300 charge. The prorated amount will be calculated from the date of receipt of written notification (email or otherwise).

Payment Information

I will be making monthly payments (10 payments: June thru March) for a year-round program

Please make checks payable to 'Nordic Ski Club of Fairbanks' OR Charge to your VISA or MasterCard

Card # _____ Exp Date _____ CV Code _____ Billing Zip _____

Cardholder Name _____ Cardholder Signature: _____

*****Drop-off your forms at our office, sign-up by mail or turn in forms at the first practice*****

Waiver and Release of Liability

In consideration of the rights and privileges associated with participation in Nordic Ski Club of Fairbanks (NSCF) Activities, I have read, acknowledge, and agree to be bound by the following:

1. **Identification of risk.** I understand that participation in any Nordic Ski Club of Fairbanks (NSCF) activity including but not limited to travel in vehicles owned by NSCF, travel in vehicles not owned by NSCF, preparation for coaching, participation in coaching, hiking, bicycling, roller-skiing, running, wilderness travel, off-trail travel, dryland exercises, skiing, ski games, ski-cross, competition of all kinds, and related activities in Nordic skiing, competition, and clinics ("the Activity"), **involves risk of serious injury, including permanent disability, death and other losses to self or property**, due to the inactions or negligence of others. Inherent dangers and risks of the Activity include, but are not limited to: falls, adverse weather conditions such as wind and cold, frostbite, hypothermia, existing and changing snow conditions, collisions with natural or man-made objects or other skiers, variation in terrain, the failure of skiers to ski within their own ability and physical fitness levels, encounters with animals both inside and outside the borough limits, vehicular collisions, bicycle collisions with vehicles or third parties, and roller ski collisions with vehicles or third parties.
2. **Assumption of risk.** I agree that I am responsible for my safety while participating in the Activity and that such responsibility includes participation in the Activity only: a) when I am both physically and psychologically prepared to participate safely, b) after fully familiarizing myself with the venue before beginning the Activity, and c) while using the equipment of a type and condition reasonably necessary to safely participate in the Activity. I assume any and all risk associated with my participation in the Activity.
3. **Waiver and Hold Harmless.** Aware of the risks and willing to assume them, I hereby waive, release and agree to hold harmless NSCF, and the Fairbanks North Star Borough, along with their affiliates, officers, directors, employees, agents, coaches, trainers, doctors, officials, volunteers, associated organizations, and event organizers or sponsors ("Released Parties") from any and all claims by me or my representatives, heirs, beneficiaries, next of kin or assigns ("Releasing Parties") who might pursue any legal action or claim on my behalf for any liability, injury, loss or damage in any way connected with my participation in the Activity, except when caused by willful or wanton misconduct.
4. **Applicable Law and Venue.** Any claim or cause of action arising from this waiver and release of liability brought by the Releasing Parties shall be brought in the state court for the State of Alaska in the Fourth Judicial District at Fairbanks.
5. **Insurance.** I currently have, and agree to maintain throughout the time that I train and compete, valid and sufficient medical and accident insurance coverage. I understand that this is my sole responsibility and release all persons and entities from providing this coverage for me.
6. **Transportation and Photo Release.** I hereby authorize NSCF to transport me or my child in vehicles owned by NSCF or by its affiliates, officers, directors, employees, agents, coaches, or volunteers. Any and all photos taken of me or my child in conjunction with activities of NSCF can be used in any promotion or publication associated with NSCF.
7. **Medical Treatment.** I hereby authorize NSCF representatives to obtain medical or dental treatment for me or my child as the representative deems necessary. This authorization does not include major surgery unless: a) I am contacted and consent thereto, or b) two licensed physicians concur in the necessity for such surgery. I also agree to be responsible for all costs of such care.

I HAVE READ THIS WAIVER AND RELEASE CAREFULLY AND, HAVING DONE SO, I AGREE TO BE BOUND BY ITS TERMS:

Participant Name _____ Signature _____ Date ____ / ____ / ____

For Participants of Minor Age:

If athlete is less than 18 years of age then the parent or legal guardian must also sign below. This is to certify that, as the parent/guardian of this participant, I do consent to his/her agreement to be bound to each of the terms and conditions identified above.

Parent/Guardian Name _____ Signature _____ Date ____ / ____ / ____

MEDICAL INFORMATION:

Medical Conditions or Disability _____

Recurring, nagging or past major injuries or surgeries _____

Allergies _____ Medications _____

Emergency Contact Name _____ Phone _____

Name of Insurance Company _____ Name of Insured _____

Certificate/Policy # _____ ID/Group # _____

Personal Physician _____ Phone _____

*****PLEASE INCLUDE A COPY OF YOUR MEDICAL INSURANCE CARD*****



**2019-20 NSCF-FXC
Athlete Code of Conduct**

All athletes must agree to accept and abide by NSCF-FXC's rules. Athletes participating in the program are exercising a privilege afforded them by the Nordic Ski Club Fairbanks (NSCF) and its Fairbanks Cross Country (NSCF-FXC) program. Skiers must exhibit the necessary maturity to be successful. Thus, the following guidelines and rules shall apply during participation in the program.

General Guidelines.

Athletes are expected to:

- Be prepared and on-time for each training session. In the case an athlete is late in arriving, they should aim to be discreet and not disrupt the flow of practice.
- Show respect for teammates, competitors, coaches and the community at large.
- Accept all teammates – including their quirks and flaws since we all have them.
- Pay attention and avoid distracting comments during directions and practice.
- Be willing to help other teammates and to be supportive of teammates' improvement and accomplishments.
- Be willing to make mistakes. It is through trying and making mistakes that we improve.
- Stay home when sick to get better and to avoid spreading sickness to the rest of the team.
- In the event a problem arises, communicate it with the coaches in a timely fashion appropriate to the severity of the issue.
- Wear a helmet and brightly colored clothing whenever rollerskiing.

Discipline Rules.

- Substance use and/or possession thereof (drugs, alcohol, and/or tobacco) is cause for immediate dismissal from the program.
- Persistent irresponsibility or persistent or severe disrespectful behavior is cause for disciplinary action and may result in dismissal from the program.
- Destruction of property or violation of state and federal laws is cause for dismissal from the program.
- Failure to comply with any and all event, team, or specific activity rules (curfew, attendance, schedules, etc.) may be cause for disciplinary action. Persistent failure will be cause for dismissal from the program for the remainder of the current season and could affect an athlete's future participation.

Please note:

- If dismissal from the program or an event occurs while traveling, the athlete may be sent home immediately at their family's expense by whatever means is most convenient.
- No reimbursement of program fees will be made to the dismissed athlete or the athlete's family.

I have read, understand and agree to follow the NSCF-FXC Code of Conduct. The athlete's parent or guardian on their behalf, as well as the athlete's behalf, agree that NSCF-FXC, in its sole discretion, has the right to discipline, suspend or dismiss the athlete in accordance with the NSCF-FXC Code of Conduct.

Athlete Signature _____ Date ____/____/____

Printed Name _____

Parent/Guardian Signature _____ Date ____/____/____

Printed Name _____

2019/2020 NSCF-FXC Comp Team Athlete Volunteerism Requirement

Comp Team athletes serve as role models and ambassadors for the FXC program. Comp Team athletes demonstrate leadership and pride in their community through community service. This volunteerism is different than the required volunteer hours for families and provides the FXC Comp athlete the chance to “give back” to the community while representing NSCF.

As a member of the NSCF-FXC Comp Team, I agree to fulfill an on-going requirement of two hours of team-approved volunteer activity for every two months I am involved with the program. I understand that my continued involvement will be contingent upon fulfilling this requirement and failure to fulfill the requirement will result in suspension from program activities until the requirement is met. For example, full-year involvement would require 10 hours volunteered over the course of the 10 full months the program is in session (June-March), but must include activities performed at least once in every two month period during that time frame.

These hours will be either from specific volunteer days organized by the team, or team-approved efforts supporting the local ski, trails or endurance sports community. A list of upcoming opportunities will be generated throughout the season. Other volunteer efforts such as at the soup kitchen, literacy council or food pantry may also fulfill this requirement upon prior approval of the head coach, and submission of a signed volunteer certificate by the supervisor of the outside program.

Athlete Signature _____ Date ____/____/____

Printed Name _____

Parent/Guardian Signature _____ Date ____/____/____

Printed Name _____