

Nordic Ski Club of Fairbanks
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Region 6 Cross Country Ski Championships

February 10-11, 2023

organized by Nordic Ski Club of Fairbanks
 Jim Whisenant Ski Trails
 Birch Hill Recreation Area, Fairbanks, Alaska

Friday, February 10
Mass Start / Free Technique
Girls 7.5Km (5Km + 2.5Km)
 Second lap skiers take cutoff at the top of the Ramp (**blue arrow** on map)

Technical Information for South Tower-and-a-Half 7.5Km Course:

Course Length: 7468m
 Height Difference (HD): 73m
 Maximum Climb (MC): 39m
 Total Climb (TC): 237m
 Climb per Km: 31.7m/km
 3 x A Climb: 39m, 31m, 31m
 4 x B Climb: 12m, 20m, 18m, 18m

Competition Committee

Chief of Competition-John Estle
 Chief of Course-Bill Husby
 Head Groomer-Tom Helmers
 Co-Chief of Stadium-Susan Faulkner
 Co-Chief of Stadium-Gary Knuepfer
 Chief of Timing-Anna Sorensen
 Chief of Secretariat-TBD
 Chief of Competition Control-Volunteer Coordinator-Norma Haubenstock

Competition Jury

Chief of Competition-John Estle
 Technical Delegate-Lin Hinderman
 Assistant Tech. Del-Scott Jerome
 Jury Member-Greg Whisenant
 ASAA Representative-

Key to map symbols

- Competition course
- Skier access routes
- Coaches' wax testing access/egress routes
- V-board
- Spectator access routes
- Spectator control fence
- Cross only at controlled crossings
- Spectator areas
- Turning Zones
- Diagonal Technique Zones

